7 Sequences of real numbers

7.1 Definitions and examples

Definition 7.1.1. A sequence of real numbers is a real function whose domain is the set \mathbb{N} of natural numbers.

Let $s : \mathbb{N} \to \mathbb{R}$ be a sequence. Then the values of s are $s(1), s(2), s(3), \ldots, s(n), \ldots$. It is customary to write s_n instead of s(n) in this case. Sometimes a sequence will be specified by listing its first few terms

 $s_1, s_2, s_3, s_4, \ldots,$

and sometimes by listing of all its terms $\{s_n\}_{n\in\mathbb{N}}$ or $\{s_n\}_{n=1}^{+\infty}$. One way of specifying a sequence is to give a formula, or recursion formula for its n-th term s_n . Notice that in this notation s is the "name" of the sequence and n is the variable.

Some examples of sequences follow.

Example 7.1.2. (a) 1, 0, -1, 0, 1, 0, -1, ...;

- (b) 1, 0, 1, 1, 0, 1, 1, 1, 0, 1, 1, 1, 1, 0, 1, \dots ;
- (c) 1, 1, 1, 1, 1, ...; (the constant sequence)
- (d) $\frac{1}{2}, \frac{1}{3}, \frac{2}{3}, \frac{1}{4}, \frac{2}{4}, \frac{3}{4}, \frac{1}{5}, \frac{2}{5}, \frac{3}{5}, \frac{4}{5}, \frac{1}{6}, \frac{2}{6}, \frac{3}{6}, \frac{4}{6}, \frac{5}{6}, \frac{1}{7}, \frac{2}{7}, \frac{3}{7}, \frac{4}{7}, \frac{5}{7}, \dots$; (What is the range of this sequence?)

Recursively defined sequences

Example 7.1.3. (a) $x_1 = 1$, $x_{n+1} = 1 + \frac{x_n}{4}$, n = 1, 2, 3, ...;

(b) $x_1 = 2$, $x_{n+1} = \frac{x_n}{2} + \frac{1}{x_n}$, n = 1, 2, 3, ...;

(c)
$$a_1 = \sqrt{2}, \quad a_{n+1} = \sqrt{2 + a_n}, \quad n = 1, 2, 3, \dots;$$

(d)
$$s_1 = 1$$
, $s_{n+1} = \sqrt{1+s_n}$, $n = 1, 2, 3, ...;$

(e)
$$x_1 = 0.9, \quad x_{n+1} = \frac{9 + x_n}{10}, \quad n = 1, 2, 3, \dots$$

(f)
$$b_1 = \frac{1}{2}$$
, $b_{n+1} = \frac{1}{2\sqrt{1-b_n^2}}$, $n = 1, 2, 3, ...$

(g) $f_1 = 1$, $f_{n+1} = (n+1) f_n$, $n = 1, 2, 3, \dots$

Some important examples of sequences are listed below.

$$b_n = c, \quad c \in \mathbb{R}. \quad n \in \mathbb{N}, \tag{7.1.1}$$

$$p_n = a^n, \quad a \in \mathbb{R}, \quad n \in \mathbb{N}, \tag{7.1.2}$$

$$x_n = \left(1 + \frac{1}{n}\right)^n, \quad n \in \mathbb{N},\tag{7.1.3}$$

$$y_n = \left(1 + \frac{1}{n}\right)^{(n+1)}, \quad n \in \mathbb{N},$$
(7.1.4)

$$z_n = \left(1 + \frac{a}{n}\right)^n, \quad n \in \mathbb{N},\tag{7.1.5}$$

$$f_1 = 1, \quad f_{n+1} = f_n \cdot (n+1), \quad n \in \mathbb{N}.$$
 (7.1.6)

(The standard notation for the terms of the sequence $\{f_n\}_{n=1}^{+\infty}$ is $f_n = n!, n \in \mathbb{N}$.)

$$q_n = \frac{a^n}{n!}, \quad a \in \mathbb{R}, \quad n \in \mathbb{N}, \tag{7.1.7}$$

$$t_1 = 1, \ t_{n+1} = t_n + \frac{1}{n!} \quad n \in \mathbb{N},$$
(7.1.8)

$$v_1 = 1, \ v_{n+1} = v_n + \frac{a^n}{n!} \quad n \in \mathbb{N}.$$
 (7.1.9)

Let $\{a_n\}_{n=1}^{+\infty}$ be an arbitrary sequence. An important sequence associated with $\{a_n\}_{n=1}^{+\infty}$ is the following sequence

$$S_1 = a_1, \ S_{n+1} = S_n + a_{n+1}, \ n \in \mathbb{N}.$$
 (7.1.10)

7.2 Convergent sequences

Definition 7.2.1. A sequence $\{s_n\}_{n=1}^{+\infty}$ of real numbers *converges* to the real number L if for each $\epsilon > 0$ there exists a number $N(\epsilon)$ such that

$$n \in \mathbb{N}, \quad n > N(\epsilon) \quad \Rightarrow \quad |s_n - L| < \epsilon$$

If $\{s_n\}_{n=1}^{+\infty}$ converges to L we will write

$$\lim_{n \to +\infty} s_n = L \quad \text{or} \quad s_n \to L \quad (n \to +\infty).$$

The number L is called the *limit* of the sequence $\{s_n\}_{n=1}^{+\infty}$. A sequence that does not converge to a real number is said to *diverge*.

Example 7.2.2. Let r be a real number such that |r| < 1. Prove that $\lim_{n \to +\infty} r^n = 0$.

Solution. First note that if r = 0, then $r^n = 0$ for all $n \in \mathbb{N}$, so the given sequence is a constant sequence. Therefore it converges. Let $\epsilon > 0$. We need to solve $|r^n - 0| < \epsilon$ for n. First simplify $|r^n - 0| = |r^n| = |r|^n$. Now solve $|r|^n < \epsilon$ by taking \ln of both sides of the inequality (note that \ln is an increasing function)

$$\ln|r|^n = n\ln|r| < \ln\epsilon.$$

Since |r| < 1, we conclude that $\ln |r| < 0$. Therefore the solution is $n > \frac{\ln \epsilon}{\ln |r|}$. Thus, with $N(\epsilon) = \frac{\ln \epsilon}{\ln |r|}$, the implication

$$n \in \mathbb{N}, \quad n > N(\epsilon) \quad \Rightarrow \quad |r^n - 0| < \epsilon$$

is valid.

Example 7.2.3. Prove that $\lim_{n \to +\infty} \frac{n^2 - n - 1}{2n^2 - 1} = \frac{1}{2}$.

Solution. Let $\epsilon > 0$ be given. We need to solve $\left|\frac{n^2 - n - 1}{2n^2 - 1} - \frac{1}{2}\right| < \epsilon$ for n. First simplify:

$$\frac{n^2 - n - 1}{2n^2 - 1} - \frac{1}{2} \bigg| = \bigg| \frac{2}{2} \frac{n^2 - n - 1}{2n^2 - 1} - \frac{1}{2} \frac{2n^2 - 1}{2n^2 - 1} \bigg| = \bigg| \frac{-2n - 1}{2(2n^2 - 1)} \bigg| = \frac{2n + 1}{4n^2 - 2}$$

Now invent the BIN:

$$\frac{2n+1}{4n^2-2} \le \frac{2n+n}{4n^2-2n^2} = \frac{3n}{2n^2} = \frac{3}{2n}$$

Therefore the BIN is:

$$\left|\frac{n^2 - n - 1}{2n^2 - 1} - \frac{1}{2}\right| \le \frac{5}{2n} \quad \text{valid for} \quad n \in \mathbb{N}.$$

Solving for n is now easy:

$$\frac{3}{2n} < \epsilon$$
. The solution is $n > \frac{3}{2\epsilon}$.

Thus, with $N(\epsilon) = \frac{3}{2\epsilon}$, the implication

$$n > N(\epsilon) \quad \Rightarrow \quad \left| \frac{n^2 - n - 1}{2n^2 - 1} - 1 \right| < \epsilon$$

is valid. Using the BIN, this implication should be easy to prove.

This procedure is very similar to the procedure for proving limits as x approaches infinity. In fact the following two theorems are true.

Theorem 7.2.4. Let $x \mapsto f(x)$ be a function which is defined for every $x \ge 1$. Assume that $\lim_{x \to +\infty} f(x) = L$. If the sequence $\{a_n\}_{n=1}^{+\infty}$ is defined by

$$a_n = f(n), \quad n = 1, 2, 3, \dots,$$

then $\lim_{n \to +\infty} a_n = L.$

Theorem 7.2.5. Let $x \mapsto f(x)$ be a function which is defined for every $x \in [-1,0) \cup (0,1]$. Assume that $\lim_{x\to 0} f(x) = L$. If the sequence $\{a_n\}_{n=1}^{+\infty}$ is defined by

$$a_n = f(1/n), \quad n = 1, 2, 3, \dots,$$

then $\lim_{n \to +\infty} a_n = L$.

The above two theorems are useful for proving limits of sequences which are defined by a formula. For example you can prove the following limits by using these two theorems and what we proved in previous sections.

Exercise 7.2.6. Find the following limits. Provide proofs. (1)

(a)
$$\lim_{n \to +\infty} \sin\left(\frac{1}{n}\right)$$
 (b) $\lim_{n \to +\infty} n \sin\left(\frac{1}{n}\right)$ (c) $\lim_{n \to +\infty} \ln\left(1 + \frac{1}{n}\right)$
(d) $\lim_{n \to +\infty} n \ln\left(1 + \frac{1}{n}\right)$ (e) $\lim_{n \to +\infty} \cos\left(\frac{1}{n}\right)$ (f) $\lim_{n \to +\infty} \frac{1}{n} \cos\left(\frac{1}{n}\right)$

The Algebra of Limits Theorem holds for sequences.

Theorem 7.2.7. Let $\{a_n\}_{n=1}^{+\infty}$, $\{b_n\}_{n=1}^{+\infty}$ and $\{c_n\}_{n=1}^{+\infty}$, be given sequences. Let K and L be real numbers. Assume that

- (1) $\lim_{x \to +\infty} a_n = K,$
- (2) $\lim_{x \to +\infty} b_n = L.$

Then the following statements hold.

- (A) If $c_n = a_n + b_n$, $n \in \mathbb{N}$, then $\lim_{x \to +\infty} c_n = K + L$.
- (B) If $c_n = a_n b_n$, $n \in \mathbb{N}$, then $\lim_{x \to +\infty} c_n = KL$.
- (C) If $L \neq 0$ and $c_n = \frac{a_n}{b_n}$, $n \in \mathbb{N}$, then $\lim_{x \to +\infty} c_n = \frac{K}{L}$.

Theorem 7.2.8. Let $\{a_n\}_{n=1}^{+\infty}$ and $\{b_n\}_{n=1}^{+\infty}$ be given sequences. Let K and L be real numbers. Assume that

- (1) $\lim_{x \to +\infty} a_n = K.$
- (2) $\lim_{x \to +\infty} b_n = L.$
- (3) There exists a natural number n_0 such that

$$a_n \leq b_n \quad for \ all \quad n \geq n_0.$$

Then $K \leq L$.

Theorem 7.2.9. Let $\{a_n\}_{n=1}^{+\infty}$, $\{b_n\}_{n=1}^{+\infty}$ and $\{s_n\}_{n=1}^{+\infty}$ be given sequences. Assume the following

- 1. The sequence $\{a_n\}_{n=1}^{+\infty}$ converges to the limit L.
- 2. The sequence $\{b_n\}_{n=1}^{+\infty}$ converges to the limit L.
- 3. There exists a natural number n_0 such that

 $a_n \leq s_n \leq b_n$ for all $n > n_0$.

Then the sequence $\{s_n\}_{n=1}^{+\infty}$ converges to the limit L.

Prove this theorem.

7.3 Sufficient conditions for convergence

Many limits of sequences cannot be found using theorems from the previous section. For example, the recursively defined sequences (a), (b), (c), (d) and (e) in Example 7.1.3 converge but it cannot be proved using the theorems that we presented so far.

Definition 7.3.1. Let $\{s_n\}_{n=1}^{+\infty}$ be a sequence of real numbers.

1. If a real number M satisfies

$$s_n \leq M$$
 for all $n \in \mathbb{N}$

then M is called an upper bound of $\{s_n\}_{n=1}^{+\infty}$ and the sequence $\{s_n\}_{n=1}^{+\infty}$ is said to be bounded above.

2. If a real number m satisfies

$$m \leq s_n$$
 for all $n \in \mathbb{N}$,

then m is called a *lower bound* of $\{s_n\}_{n=1}^{+\infty}$ and the sequence $\{s_n\}_{n=1}^{+\infty}$ is said to be *bounded below*.

3. The sequence $\{s_n\}_{n=1}^{+\infty}$ is said to be *bounded* if it is bounded above and bounded below.

Theorem 7.3.2. If a sequence converges, then it is bounded.

Proof. Assume that a sequence $\{a_n\}_{n=1}^{+\infty}$ converges to L. By Definition 7.2.1 this means that for each $\epsilon > 0$ there exists a number $N(\epsilon)$ such that

$$n \in \mathbb{N}, n > N(\epsilon) \Rightarrow |a_n - L| < \epsilon.$$

In particular for $\epsilon = 1 > 0$ there exists a number N(1) such that

$$n \in \mathbb{N}, \quad n > N(1) \quad \Rightarrow \quad |a_n - L| < 1.$$

Let n_0 be the largest natural number which is $\leq N(1)$. Then $n_0 + 1, n_0 + 2, \ldots$ are all > N(1). Therefore

$$|a_n - L| < 1 \quad \text{for all} \quad n > n_0.$$

This means that

$$L - 1 < a_n < L + 1 \quad \text{for all} \quad n > n_0.$$

The numbers L - 1 and L + 1 are not lower and upper bounds for the sequence since we do not know how they relate to the first n_0 terms of the sequence. Put

$$m = \min\{a_1, a_2, \dots, a_{n_0}, L-1\}$$
$$M = \max\{a_1, a_2, \dots, a_{n_0}, L+1\}.$$

Clearly

$$m \le a_n$$
 for all $n = 1, 2, \dots, n_0$
 $m \le L - 1 \le a_n$ for all $n > n_0$.

Thus m is a lower bound for the sequence $\{a_n\}_{n=1}^{+\infty}$.

Clearly

$$a_n \leq M$$
 for all $n = 1, 2, \dots, n_0$
 $a_n < L + 1 \leq M$ for all $n > n_0$.

Thus M is an upper bound for the sequence $\{a_n\}_{n=1}^{+\infty}$.

Is the converse of Theorem 7.3.2 true? The converse is: If a sequence is bounded, then it converges. Clearly a counterexample to the last implication is the sequence $(-1)^n, n \in \mathbb{N}$. This sequence is bounded but it is not convergent.

The next question is whether boundedness and an additional property of a sequence can guarantee convergence. It turns out that such an property is monotonicity defined in the following definition.

Definition 7.3.3. A sequence $\{s_n\}_{n=1}^{+\infty}$ of real numbers is said to be

non-decreasing if $s_n \leq s_{n+1}$ for all $n \in \mathbb{N}$,

strictly increasing if $s_n < s_{n+1}$ for all $n \in \mathbb{N}$,

non-increasing if $s_n \ge s_{n+1}$ for all $n \in \mathbb{N}$.

strictly decreasing if $s_n > s_{n+1}$ for all $n \in \mathbb{N}$.

A sequence with either of these four properties is said to be *monotonic*.

The following two theorems give powerful tools for establishing convergence of a sequence.

Theorem 7.3.4. If $\{s_n\}_{n=1}^{+\infty}$ is non-decreasing and bounded above, then $\{s_n\}_{n=1}^{+\infty}$ converges.

Theorem 7.3.5. If $\{s_n\}_{n=1}^{+\infty}$ is non-increasing and bounded below, then $\{s_n\}_{n=1}^{+\infty}$ converges.

To prove these theorems we have to resort to the most important property of the set of real numbers: the Completeness Axiom.

The Completeness Axiom. If A and B are nonempty subsets of \mathbb{R} such that for every $a \in A$ and for every $b \in B$ we have $a \leq b$, then there exists $c \in \mathbb{R}$ such that $a \leq c \leq b$ for all $a \in A$ and all $b \in B$.

For a special choice of the sets A and B the Completeness Axiom visually corresponds to the following picture



In some sense the Completeness Axiom claims that the (real) number line has no holes. Now we can prove Theorem 7.3.4.

Proof of Theorem 7.3.4. Assume that $\{s_n\}_{n=1}^{+\infty}$ is a non-decreasing sequence and that it is bounded above. Since $\{s_n\}_{n=1}^{+\infty}$ is non-decreasing we know that

$$s_1 \le s_2 \le s_3 \le \dots \le s_{n-1} \le s_n \le s_{n+1} \le \dots$$
 (7.3.1)

Let A be the range of the sequence $\{s_n\}_{n=1}^{+\infty}$. That is $A = \{s_n : n \in \mathbb{N}\}$. Clearly $A \neq \emptyset$. Let B be the set of all upper bounds of the sequence $\{s_n\}_{n=1}^{+\infty}$. Since the sequence $\{s_n\}_{n=1}^{+\infty}$ is bounded above, the set B is not empty. Let $b \in B$ be arbitrary. Then b is an upper bound for $\{s_n\}_{n=1}^{+\infty}$. Therefore

$$s_n \leq b$$
 for all $n \in \mathbb{N}$

By the definition of A this means

$$a \le b$$
 for all $a \in A$

Since $b \in B$ was arbitrary we have

$$a \leq b$$
 for all $a \in A$ and for all $b \in B$.

By the Completeness Axiom there exists $c \in \mathbb{R}$ such that

$$s_n \le c \le b$$
 for all $n \in \mathbb{N}$ and for all $b \in B$. (7.3.2)

Thus c is an upper bound for $\{s_n\}_{n=1}^{+\infty}$ and also $c \leq b$ for all upper bounds b of the sequence $\{s_n\}_{n=1}^{+\infty}$. Therefore, for an arbitrary $\epsilon > 0$ the number $c - \epsilon$ (which is < c) is not an upper bound of the sequence $\{s_n\}_{n=1}^{+\infty}$. Consequently, there exists a natural number $N(\epsilon)$ such that

$$c - \epsilon < s_{N(\epsilon)}.\tag{7.3.3}$$

Let $n \in \mathbb{N}$ be any natural number which is $> N(\epsilon)$. Then the inequalities (7.3.1) imply that

$$s_{N(\epsilon)} \le s_n. \tag{7.3.4}$$

By (7.3.2) c is an upper bound of $\{s_n\}_{n=1}^{+\infty}$. Hence we have

$$s_n \le c \quad \text{for all} \quad n \in \mathbb{N}.$$
 (7.3.5)

Putting together the inequalities (7.3.3), (7.3.4) and (7.3.5) we conclude that

$$c - \epsilon < s_n \le c$$
 for all $n \in \mathbb{N}$ such that $n > N(\epsilon)$. (7.3.6)

$$n \in \mathbb{N}, n > N(\epsilon)$$
 implies $|s_n - c| < \epsilon.$

This is exactly the implication in Definition 7.2.1. Thus, we proved that

$$\lim_{n \to +\infty} s_n = c.$$

Example 7.3.6. Consider the recursively defined sequence

$$u_1 = \frac{1}{2}, \quad u_{n+1} = 2 + \frac{5}{8}u_n, \ n = 1, 2, 3, \dots$$

Prove that this sequence converges and find its limit.

Solution. Calculating the first few terms of the sequence we get the idea that it is increasing. Then we observe the equivalences

$$u_n < u_{n+1} \quad \Leftrightarrow \quad u_n < 2 + \frac{5}{8}u_n \quad \Leftrightarrow \quad \frac{3}{8}u_n < 2 \quad \Leftrightarrow \quad u_n < \frac{16}{3}$$
 (7.3.7)

Now we shall prove that $u_n < \frac{16}{3}$ for all $n = 1, 2, 3, \ldots$

Step 1 Since $u_1 = \frac{1}{2} < \frac{16}{3}$, the inequality $u_n < \frac{16}{3}$ is true for n = 1.

Step 2 Let k be a natural number. Assume that $u_k < \frac{16}{3}$. Then $\frac{5}{8}u_k < \frac{10}{3}$. Adding 2 to both sides of the inequality, we conclude that $2 + \frac{5}{8}u_k < 2 + \frac{10}{3}$. Thus $u_{k+1} < \frac{16}{3}$.

By the Principle of Mathematical induction it follows that

$$u_n < \frac{16}{3}$$
 for all $n = 1, 2, 3, \dots$ (7.3.8)

Thus the sequence $\{u_n\}_{n=1}^{+\infty}$ is bounded above.

The equivalences in (7.3.7) and (7.3.8) imply that the sequence $\{u_n\}_{n=1}^{+\infty}$ is increasing. Since $\{u_n\}_{n=1}^{+\infty}$ is increasing and bounded above, Theorem 7.3.4 implies that it converges:

$$\lim_{n \to +\infty} u_n = L$$

The sequence $\{u_{n+1}\}_{n=1}^{+\infty}$ consists of the same terms as the sequence $\{u_n\}_{n=1}^{+\infty}$ except u_1 . Therefore

$$\lim_{n \to +\infty} u_{n+1} = L \,. \tag{7.3.9}$$

Using the algebra of limits we calculate

$$\lim_{n \to +\infty} u_{n+1} = \lim_{n \to +\infty} \left(2 + \frac{5}{8} u_n \right) = 2 + \frac{5}{8} \lim_{n \to +\infty} u_n = 2 + \frac{5}{8} L.$$
 (7.3.10)

Comparing (7.3.9) and (7.3.10) we conclude that L must satisfy the equation

$$L = 2 + \frac{5}{8}L.$$

Solving for L, we get $L = \frac{16}{3}$. This proves that $\lim_{n \to +\infty} u_n = \frac{16}{3}$

Remark 7.3.7. Here we illustrate the procedure of Example 7.3.6 on the graph of the function $f(x) = 2 + \frac{5}{8}x$. By the definition of the sequence $\{u_n\}_{n=1}^{+\infty}$, we have

$$u_1 = \frac{1}{2}, \quad u_{n+1} = f(u_n), \quad n = 1, 2, 3, \dots$$
 (7.3.11)

This formula implies that the sequence $\{u_n\}_{n=1}^{+\infty}$ is generated by repeated application of the function f:

$$u_1, u_3 = f(u_2) = f(f(u_1)), u_5 = f(u_4) = f(f(f(f(u_1)))),$$

This procedure can very nicely be illustrated on the graph of the function f. We start with u_1 and evaluate the value $f(u_1) = u_2$. The value of u_2 is visualized as a vertical length. To turn it into horizontal length we use the line y = x as indicated on the graph. This process continues and we find u_3, u_4, \ldots The graph indicates that the sequence converges to the solution of the equation x = f(x). This is true since we obtained the value for L by solving the equation L = f(L). Notice that this graph does not prove that the sequence converges. It only illustrates what was done in the solution for Example 7.3.6.



 u_2

 u_3

 u_4

 $u_5 u_6$

x

Remark 7.3.8. Notice that the expression (7.3.11) was essential to produce the illustration above. The expression (7.3.11) is possible because the formula for u_{n+1} in Example 7.3.6 depends <u>only</u> on u_n (that is it does not involve n). In Example 7.3.9 below we study the sequence

 u_1

$$t_1 = 1, \qquad t_{n+1} = t_n + \frac{1}{n+1} - \ln\left(1 + \frac{1}{n}\right), \quad n = 1, 2, 3, \dots$$

For this sequence there is no function $x \mapsto f(x)$ for which the formula $t_{n+1} = f(t_n)$ would generate the sequence $\{t_n\}_{n=1}^{+\infty}$.

Example 7.3.9. Prove that the sequence

$$t_n = 1 + \frac{1}{2} + \frac{1}{3} + \frac{1}{4} + \dots + \frac{1}{n} - \ln n, \quad n = 1, 2, 3, \dots,$$

converges.

Solution. Use the definition of ln as the integral to prove that for n > 1

$$t_n > \int_1^n \left(\frac{1}{\operatorname{Floor}(x)} - \frac{1}{x}\right) dx.$$

Deduce that $t_n > 0$.

Represent

$$t_n - t_{n+1} = \left(\ln(n+1) - \ln n\right) - \frac{1}{n+1}$$

as an area (or a difference of two areas). Conclude that $t_n - t_{n+1} > 0$. Then use one of the preceding theorems.

Example 7.3.10. Consider the sequence $s_1 = 1$, $s_{n+1} = \sqrt{1+s_n}$, $n = 1, 2, 3, \ldots$ Prove that this sequence converges and find its limit.

Solution. We calculated the first few terms of the sequence and we got the idea that the sequence is increasing. Therefore we shall prove that $0 < s_n < s_{n+1}$ for all n = 1, 2, 3, ...

- Step 1 Since $0 < s_1 = 1 < \sqrt{1+1} = s_2$, we conclude that the inequality $0 < s_n < s_{n+1}$ is true for n = 1.
- Step 2 Let k be a natural number. Assume that $0 < s_k < s_{k+1}$. Then $0 < 1 + s_k < 1 + s_{k+1}$. Taking the square roots, we conclude that $0 < \sqrt{1 + s_k} < \sqrt{1 + s_{k+1}}$. By the definition of the sequence $\{s_n\}_{n=1}^{+\infty}$ this implies that $0 < s_{k+1} < s_{k+2}$.

By the Principle of Mathematical induction it follows that

$$s_n < s_{n+1}$$
 for all $n = 1, 2, 3, \dots$ (7.3.12)

Thus the sequence $\{s_n\}_{n=1}^{+\infty}$ is increasing.

Now we decide to prove that $s_n < 2$ for all $n = 1, 2, 3, \ldots$ This is my guess, we hope that we will be able to prove it.

Step 1 Since $s_1 = 1 < 2$, the inequality $s_n < 2$ is true for n = 1.

Step 2 Let k be a natural number. Assume that $s_k < 2$. Then $1 + s_k < 3$ and consequently $1 + s_k < 4$. Taking the square roots we conclude that $\sqrt{1 + s_k} < 2$. Thus $s_{k+1} < 2$.

By the Principle of Mathematical induction it follows that

$$s_n < 2$$
 for all $n = 1, 2, 3, \dots$

Thus the sequence $\{s_n\}_{n=1}^{+\infty}$ is bounded above.

Since $\{s_n\}_{n=1}^{+\infty}$ is increasing and bounded above, Theorem 7.3.4 implies that it converges:

$$\lim_{n \to +\infty} s_n = L.$$

The sequence $\{s_{n+1}\}_{n=1}^{+\infty}$ consists of the same terms as the sequence $\{s_n\}_{n=1}^{+\infty}$ except s_1 . Therefore

$$\lim_{n \to +\infty} s_{n+1} = L$$

From the definition of the sequence $\{s_n\}_{n=1}^{+\infty}$, we conclude that

$$s_{n+1}^2 = 1 + s_n$$
, for all $n = 1, 2, 3, \dots$ (7.3.13)

Now we use the algebra of limits to calculate

$$\lim_{n \to +\infty} s_{n+1}^2 = \lim_{n \to +\infty} s_{n+1} s_{n+1} = L L = L^2, \qquad (7.3.14)$$

and

$$\lim_{n \to +\infty} s_{n+1}^2 = \lim_{n \to +\infty} (1 + s_n) = 1 + L.$$
(7.3.15)

Since in (7.3.14) and (7.3.15) we are calculating the limit of the same sequence, we conclude that the resulting limit must be same:

$$L^2 = 1 + L.$$

Solving this equation for L we get two solutions

$$L_1 = \frac{1 + \sqrt{1 + 4}}{2}$$
 and $L_2 = \frac{1 - \sqrt{1 + 4}}{2}$.

Only one of these solutions is the limit of our sequence. Since $s_n > 0$ for all n = 1, 2, 3, ..., we conclude that L must be positive. This eliminates L_2 as a possible limit. Therefore we proved that

$$\lim_{n \to +\infty} s_n = \frac{1 + \sqrt{5}}{2}.$$

Exercise 7.3.11. Illustrate Example 7.3.10 in the same way as Example 7.3.6 was illustrated in Remark 7.3.7.

Example 7.3.12. Consider the sequence $x_1 = 2$, $x_{n+1} = \frac{x_n}{2} + \frac{1}{x_n}$, n = 1, 2, 3, ... Prove that this sequence converges and find its limit.

Solution. We will first prove that

$$x_n \ge \sqrt{2}$$
 for all $n = 1, 2, \dots$

Clearly this is true for n = 1:

$$x_1 = 2 \ge \sqrt{2} \,.$$

For $n = 2, 3, 4, \ldots$ we have that

$$x_n^2 - 2 = \left(\frac{x_{n-1}}{2} + \frac{1}{x_{n-1}}\right)^2 - 2 = \left(\frac{x_{n-1}}{2}\right)^2 + 1 + \left(\frac{1}{x_{n-1}}\right)^2 - 2$$
$$= \left(\frac{x_{n-1}}{2}\right)^2 - 1 + \left(\frac{1}{x_{n-1}}\right)^2 = \left(\frac{x_{n-1}}{2} - \frac{1}{x_{n-1}}\right)^2 \ge 0$$

Therefore $x_n \ge \sqrt{2}$ for all n = 1, 2, 3, ...Since $x_n \ge \sqrt{2}$ for all n = 1, 2, 3, ..., we conclude that

$$x_n^2 \ge 2$$
 for all $n = 1, 2, 3, \dots$

Therefore

$$\frac{x_n}{2} \ge \frac{1}{x_n} \quad \text{for all} \quad n = 1, 2, 3, \dots$$

Therefore

$$\frac{x_n}{2} + \frac{x_n}{2} \ge \frac{x_n}{2} + \frac{1}{x_n}$$
 for all $n = 1, 2, 3, \dots$

Therefore

$$x_n \ge x_{n+1}$$
 for all $n = 1, 2, 3, \dots$

Thus our sequence is a non-increasing sequence. Since it is also bounded below, by Theorem 7.3.5 it converges. Denote its limit by L:

$$\lim_{n \to +\infty} x_n = L.$$

Since $x_n \ge \sqrt{2}$ for all $n = 1, 2, \ldots$, we conclude that $L \ge \sqrt{2}$. In particular L > 0. Also

$$\lim_{n \to +\infty} x_{n+1} = L.$$

Using Algebra of Limits, we conclude that

$$L = \lim_{n \to +\infty} x_{n+1} = \lim_{n \to +\infty} \left(\frac{x_n}{2} + \frac{1}{x_n} \right)$$
$$= \frac{L}{2} + \frac{1}{L}.$$

Thus L satisfies the equation L = L/2 + 1/L and L > 0. Solving this equation for L we get $L^2 = 2$. Thus $L = \sqrt{2}$.

Exercise 7.3.13. Consider the sequence $x_1 = 0$, $x_{n+1} = \frac{1}{8}x_n^2 + 1$, n = 1, 2, 3, ... Prove that this sequence converges and find its limit.

Exercise 7.3.14. Consider the sequence $x_1 = 0$, $x_{n+1} = \frac{3}{16}x_n^2 + 1$, n = 1, 2, 3, ... Prove that this sequence converges and find its limit.